



SOURDOUGH FEEDING TRACKER

Starter's Name: _____

Your starter is ready to use for baking when it's at least 14 days old and consistently doubles in volume in 4-6 hours after a 1:2:2 feeding at 74F/23C

Date	Feeding Time	Discard & Feeding Ratio/ Flour Type	H2O Temperature	Surface Activity	Aroma	Percentage Rise	Rise Time & Time To Peak



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