WHAT'S FOR DINNER?

Meat

- Grilled Chicken Breast with Lemon Herb Marinade
- Beef Stir-Fry with Vegetables
- Baked Parmesan Crusted Pork Chops
- Spaghetti Bolognese
- Honey Mustard Glazed Salmon
- Teriyaki Chicken Skewers
- BBQ Pulled Pork Sandwiches
- Chicken Alfredo Pasta
- Beef Tacos with Fresh Salsa
- Rosemary Garlic Roast Chicken
- Baked Ziti with Italian Sausage
- Lemon Garlic Butter Shrimp
- Chicken Parmesan
- Beef and Vegetable Kebabs
- Stuffed Bell Peppers with Ground Turkey
- Grilled Steak with Chimichurri Sauce
- Chicken Fajitas
- Maple Dijon Glazed Chicken Thighs
- Sloppy Joes
- Chicken and Broccoli Casserole

Seafood

- Shrimp Scampi
- Blackened Salmon with Avocado Salsa
- Lemon Butter Garlic Tilapia
- Tuna Pasta Salad
- Cajun Grilled Catfish
- Seafood Paella
- Coconut Lime Grilled Shrimp
- Garlic Butter Baked Cod
- Shrimp and Broccoli Stir-Fry
- Fish Tacos with Cilantro Lime Slaw
- Grilled Lemon Herb Swordfish
- Creamy Garlic Parmesan Shrimp Pasta
- Baked Lemon Herb Salmon
- Crab Stuffed Mushrooms
- Teriyaki Glazed Grilled Tuna

Vegetarian

- Vegetarian Spaghetti Carbonara
- Spinach and Feta Stuffed Portobello Mushrooms
- Chickpea and Vegetable Curry
- Caprese Salad with Balsamic Glaze
- Quinoa and Black Bean Stuffed Peppers
- Margherita Pizza with Fresh Basil
- Eggplant Parmesan
- Lentil Soup with Vegetables
- Veggie Stir-Fry with Tofu
- Mushroom Risotto
- Sweet Potato and Black Bean Quesadillas
- Vegetarian Chili
- Greek Salad with Falafel
- Spinach and Ricotta Stuffed Shells
- Zucchini Noodles with Pesto

No-Cook

- Caprese Sandwiches
- Greek Hummus Wraps
- Avocado Toast with Poached Egg
- Chicken Caesar Salad Wraps
- Turkey and Cheese Roll-Ups
- BLT Sandwiches
- Hummus and Veggie Wraps
- Classic Egg Salad Sandwiches
- Caprese Avocado Toast
- Mediterranean Veggie Wrap
- Cold Pasta Salad with Italian Dressing
- Veggie and Hummus Wraps
- Tuna Salad Lettuce Wraps

Other Ideas

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